



HCCS

Hart County High School

****Harvest of the Month: Apple**

SmartMouth Pizza available daily



September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Smucker's PBJ Uncrustables are available daily upon request.

A la carte items are available for purchase.

Lunch cost – \$2.50 Complete application at www.myschoolapps.com

Reduced cost - \$0.40 per meal. An additional meal costs \$3.75.

Payments can be made at www.myschoolbucks.com

Menu is subject to change based on product availability. We are an equal opportunity employer

Labor Day

5

- 6
1. Taco Mac&Cheese w/ BrdStk
 2. Hot Dog
 3. Parfait/Smoothie
- Black Beans and Garden Salad
Fruit and Choice of Milk

- 7
1. Chicken Strips w/ Roll
 2. Chef Salad
- Steamed Carrots
Green Beans
Fruit and Choice of Milk
Cinnamon Rolls

- 8
1. Poppysed Chk w Roll
 2. Chicken Biscuit
 3. Parfait/Smoothie Meal
- Steamed Broccoli
Sweet Potato Tots
Fruit and Choice of Milk
Chocolate Pudding

- 9
1. BBQ Sandwich
 2. Bulldog Burger
 3. Chef Salad
- Mixed Vegetables
Fries
Fruit and Choice of Milk

- 12
1. Chkn Alfredo w/ Roll
 2. Chef Salad
- Glazed Carrots
Steamed Cabbage
Fruit and Choice of Milk

- 13
1. Chicken Walking Taco
 2. Bulldog Burger
 3. Parfait/Smoothie Meal
- Refried Beans-Cucumber Dippers
Fruit and Choice of Milk
*Apple Betty

- 14
1. Chkn Chunks w/Brdstk
 2. Chef Salad
- Fries
Garden Salad
Baked Beans
Fruit and Choice of Milk

- 15
1. BBQ Sandwich
 2. Fish Basket w/ Hushpuppies
 3. Parfait/Smoothie
- Broccoli Dippers Squash
Fruit and Choice of Milk

- 16
1. Chili wCheese/CornBrd
 2. Spicy Chkn Sandwich
 3. Chef Salad
- California Veggies
Baked Potato
Fruit and Choice of Milk

- 19
1. Spaghetti w/ Toast
 2. Chicken Salad w/ Croissant
 3. Chef Salad
- Green Peas Carrot Dippers
Fruit and Choice of Milk

- 20
1. Chkn/Chs Quesadilla
 2. Chicken Biscuit
 3. Parfait/Smthie Meal
- Salsa Cup Tator Tots
Garden Salad Italian Ice
Choice of Milk

- 21
1. Poppin'Chkn/Waffle
 2. Chili Chs Pretzel
 3. Chef Salad
- Creamed Potatoes
Mixed Vegetables
Fruit and Choice of Milk

- 22
1. Beef & Cheese Nachos
 2. Parfait/Smoothie Meal
- Black Beans
Corn
Fruit
Choice of Milk

- 23
1. Bulldog Burger
 2. Hot Dog
 3. Chef Salad
- Sweet Potato Tots
Veggie Dippers
Fruit and Choice of Milk

- 26
1. Bird Dog on a Bun
 2. Mozzarella Chs Stx
 3. Chef Salad
- Steamed Broccoli Squash
Marinara Cup
Fruit and Choice of Milk

- 27
1. Gen Tso Chkn w/ Rice
 2. Parfait/Smoothie Meal
- Cabbage (Egg Roll)
Steamed Carrots
Fruit and Choice of Milk
Fortune Cookie

- 28
- World School Milk Day**
1. Breakfast for Lunch
 2. Chicken Biscuit
 3. Chef Salad
- Hashbrowns Cheesy Grits
Veggie Dippers
Fruit and Choice of Milk

- 29
1. BBQ Sandwich
 2. Corndog Nuggets
 3. Parfait/Smoothie Meal
- Coleslaw
Baked Beans
Fruit and Choice of Milk

- 30
1. Bulldog Burger
 2. Protein Box
 3. Chef Salad
- Garden Salad
Corn
Fruit and Choice of Milk