

August 2017

BULLDOG LUNCH MENU

LUNCH

Choice of milk, Garden Salad and Fresh Fruit offered daily.
* **Local produce** served when available.



Menu subject to change based on product availability.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

Ravioli w/ Roll
Chicken Fajita Wrap
Sub Sandwich
Veggie Dippers
Glazed Carrots
Baked Cinnamon Apples

7

Poppy Seed Chicken
Steak Fingers
Fish Nuggets Breadsticks
Steamed Broccoli
Roasted Corn
Chilled Pear Slices

8

Beef & Cheese Nachos
Ham & Cheese Sandwich
Spicy Chicken Sandwich
Garden Salad
Refried Beans
Fresh Melon

9

Beef Stroganoff
Gold Nuggets W/Roll
Soft Shell Taco
Cucumber & Tomato Dippers
Sweet Tater Rounds
Sliced Peaches

10

Meatball Sub
Turkey/Cheese Sandwich
Cheese Pizza
Roasted Potatoes
Carrots and Peas
Fresh Berries & Whip Topping

11

Pancakes and Sausage
Chicken Biscuit
Brunch Box
Cheese Grits
Oven Roasted Potatoes
Citrus Cup

14

BBQ Chicken w/Roll
Beef Taco
Chicken Smackers w/Roll
Green Beans
Honey Glazed Sweet Potato
Fresh Strawberries

15

Yogurt, Muffin w/ Berries
BBQ Sandwich
Spicy Chicken Sandwich
Whole Corn
Garden Salad
Sliced Peaches

16

Spaghetti w/Breadstick
Ham & Cheese Hoagie
Chicken Fillet Sandwich
Garden Salad
Fresh Steamed Squash
Fresh Melon

17

Bulldog Burger CLTP
Chili Dawg
Pepperoni Pizza
Baby Carrots w/ Dip
Cowboy Beans
Applesauce

18

Hot Wings w/ Breadstick
Chicken Quesadilla
Chili w/Cheese w/Roll
Celery Sticks w/ Dip
Glazed Carrots
Strawberry Cup

21

Roasted Chicken w/Roll
Fish Sandwich
Chicken Fillet Sandwich
California Veggies
Red Roasted Potatoes
Sliced Pears

22

Chili Dawg
Deli Turkey/Cheese Sandwich
Taco W/Cheese
Black Beans
Whole Corn
Applesauce

23

Spicy Chicken Sandwich
Beef a Roni
Muffin Yogurt
Fresh Steamed Squash
Green Beans
Fresh Berries & Whip Topping

24

Sloppy Joe's
Chick Fillet
Brunch Box
Sweet Tater Rounds
Mixed Veggies
Baked Cinnamon Apples

25

Stuffed Crust Pizza
Ham/Cheese on Bun
Rib A Que
Broccoli Tomato Salad
Whole Corn
Strawberry Cup

28

Bulldog Burger w/ CLT
Sub Sandwich
Meatball Sub
Garden Salad
Ranchero Beans
Cantaloupe

29

BBQ Sandwich
Chicken Fillet Sandwich
Turkey & Cheese Sandwich
Cowboy Beans
Steamed Broccoli
Sliced Peaches

30

Chicken Salad Sandwich
Chicken Smackers w/Roll
Chili Cheese Potato w/Roll
Green Beans
Baked Potato
Watermelon Slices

31

This institution is an equal opportunity provider.