### BULLDOG LUNCH MENU

#### August 2017

**Monday**
- Ravioli w/ Roll
- Chicken Fajita Wrap
- Veggie Dippers
- Glazed Carrots
- Baked Cinnamon Apples

**Tuesday**
- Poppy Seed Chicken
- Steak Fingers
- Bread Stick
- Steamed Broccoli
- Roasted Corn
- Pineapple Tidbits

**Wednesday**
- Beef & Cheese Nachos
- Ham & Cheese Wrap
- Garden Salad
- Refried Beans
- Fresh Melon

**Thursday**
- Chicken Salad Croissant
- Chicken Smackers w/ Roll
- Green Beans
- Baked Potato
- Watermelon Slices

**Friday**
- Meatball Sub
- Brunch Box
- Turkey/Cheese Sandwich
- Tater Smiles
- Carrots and Peas
- Berries w/ Whipped Topping

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**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

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**Choice of milk, Chef Salad and Fresh Fruit offered daily. *Local produce served when available. Menu subject to change. This institution is an equal opportunity provider.**